

# THE CHEYNE GANG



## Trustees' Annual Report & Financial Statements

For the year ended 31 March 2018

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Scottish Charity No. SC047259



# **Trustees' Annual Report**

## **For the Year Ended 31 March 2018**

The trustees have pleasure in presenting their report together with the financial statements and the independent examiner's report for the year ended 31 March 2018.

### **Reference & Administrative Information**

#### **Charity Name**

The Cheyne Gang

#### **Charity Number**

SC047259

#### **Address**

14 Corbiehill Grove, Edinburgh EH4 5DU

#### **Current Trustees**

Pauline Waugh - Chairperson/Treasurer

Sarah Marshall - Secretary

Jane Howe

Lenny Love

Margaret Laurence

### **Structure Governance & Management**

#### **Constitution**

The Cheyne Gang is a Scottish Charitable Incorporated Organisation (SCIO) and is governed by its constitution which was adopted on 21 January 2017. The Charity was granted charitable status by OSCR on 20 March 2017. The charity was previously an unincorporated association but changed its legal form to a SCIO.

#### **Appointment of Trustees**

The management committee, which meets on a periodic basis, are the charity's trustees. Trustees are elected/re-elected at the Annual General Meeting which is normally held in February. Membership of the management committee is open to any person that supports the purposes of the charity. all. There must be a minimum of three trustees and a maximum of nine trustees.

### **Objectives & Activities**

#### **Charitable Purposes**

The Cheyne Gang's charitable purpose is the advancement of health and wellbeing for sufferers of chronic breathing related conditions through the provision of choir and song activities within Edinburgh, Lothians and surrounding areas.

#### **Activities**

The Cheyne Gang is structured to deliver choir and song activities to people within Edinburgh, Lothian and surrounding areas who have long term respiratory conditions affecting their

breathing who will benefit physically, mentally and socially from singing in a choir. These people are the organisation's beneficiaries.

The Cheyne Gang is a Community Singing Group for people who have breathing difficulties as the result of long term respiratory disease such as Chronic Obstructive Pulmonary Disease (COPD), chronic asthma, bronchiectasis, pulmonary fibrosis etc. Breathlessness can be very distressing and debilitating often resulting in anxiety and low mood which in turn can lead to social isolation. Many sufferers are elderly and the disease affects them physically, mentally and socially.

Singing has been widely researched and shown to improve lung capacity and breath control, aid sleep, reduce anxiety and lift people's mood. Our groups are lead by voice coaches who are trained to teach 'singing for breathing' exercises as well as create tailored singing sessions dependent on any disability for example.

Since becoming a SCIO we have obtained National Lottery funding which has allowed us to create 2 more singing for breathing groups in Edinburgh and in the Scottish Borders. We have also trained 10 more voice coaches to create and run similar groups throughout Scotland. We now have 6 groups of our own and have supported the set up of 4 more groups by these new coaches.

We have a busy year in relation to performances which have ranged from local sheltered housing complexes to charity events such as the CHSS Christmas Concert. We have twice performed with street orchestras – The Ricciotti Ensemble from The Netherlands and the newly formed Nevis Ensemble from Scotland.

We continue to fundraise in order to both run our current groups and continue our expansion within Scotland. We have held Christmas Fairs, run workshops, had a Scottish Folk Night/Ceildh and taken part in sponsored events such as 10K runs.

We have been nominated for an Award for Innovations in Respiratory Nursing as part of the National Nursing Times Awards 2018 and await the outcome.

## **Financial Review**

The principal sources of income are grants from public bodies who support the work being undertaken by The Cheyne Gang.

Total funds received in the year to 31 March 2018 amounted to £33,874 (2017: £13,692). Expenses of £28,251 (2017: £10,434) were paid in the period resulting in a cash surplus of £5,623 (2017: £3,258). The cash balance as at 31 March 2018 was £13,760 (2017: £8,137).

During the year to 31 March 2018 a sum of £10,965 was received from Creative Scotland for the purpose of setting up and running a training course for voice coaches. In addition a sum of £10,000 was received from the National Lottery for the general purposes of the charity.

General fundraising by the trustees and members raised a total of £9,189 (2017: £2,461) and included £3,000 of "matched funding" donations from local commercial organisations.

The largest expenses in the period related to a training course for voice coaches (funded by the Creative Scotland grant) and the provision of voice coaches and venue hire for the various choirs operating.

Expenses incurred in the training of voice coaches exceeded the grant provided for this purpose by £623 and consequently a transfer of this value was made from the unrestricted fund. As at the reporting date no funds remained in the restricted fund.

## **Plans for Future Periods**

The trustees intend to continue to extend our service and offer singing for breathing as far across Scotland as we can using our newly trained voice coaches and working with other charities such as CHSS, Marie Curie and St Columbas Hospice to look at how singing may help with other medical conditions.

We will continue to engage with the local community offering singing workshops and performances.

We are hopeful we will secure funding to create and run a Singing for Breathing Festival bringing together groups from around the UK to share their experience, knowledge, research and to have fun singing together.

Pauline Waugh  
Chair  
20 November 2018

## **Independent Examiner's Report For the Year Ended 31 March 2018**

### **Independent Examiner's Report to the Trustees of The Cheyne Gang**

I report on the financial statements of the charity for the year ended 31 March 2018.

#### **Respective responsibilities of Trustees and Examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 (as amended) ("the 2006 Regulations"). The charity's trustees consider that the audit requirement of Regulation 10(1)(d) of the 2006 Regulations does not apply. It is my responsibility to examine the accounts as required under section (44)(1)(c) of the 2005 Act and to state whether particular matters have come to my attention.

#### **Basis of Independent Examiner's Statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

#### **Independent Examiner's Statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
  - a. to keep accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations, and
  - b. to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

David Holland CA

20 November 2018

## Statement of Receipts and Payments For the Year Ended 31 March 2018

(£)		Unrestricted	Restricted	Total	Total
<b>Receipts</b>	Note	Funds	Funds	<b>2018</b>	2017
<b>Voluntary Receipts:</b>					
Donations & Gift Aid		3,000	-	<b>3,000</b>	-
Grants	4	13,000	10,965	<b>23,965</b>	11,231
Fund Raising		6,189	-	<b>6,189</b>	2,461
<b>Receipts from Charitable Activities:</b>					
Membership Fees		-	-	-	-
Other		720	-	<b>720</b>	-
<b>Total Receipts</b>		<b>22,909</b>	<b>10,965</b>	<b>33,874</b>	<b>13,692</b>
<b>Payments</b>					
Cost of Charitable Activities	5	16,663	11,588	<b>28,251</b>	10,434
<b>Total Payments</b>		<b>16,663</b>	<b>11,588</b>	<b>28,251</b>	<b>10,434</b>
<b>Surplus/(Deficit) for the year</b>		<b>6,246</b>	<b>(623)</b>	<b>5,623</b>	<b>3,258</b>
Transfers between funds	6	(623)	623	-	-
<b>Surplus/(Deficit) for the year</b>		<b>5,623</b>	<b>-</b>	<b>5,623</b>	<b>3,258</b>

The notes form an integral part of these accounts.

## Statement of Balances As at 31 March 2018

(£)	Unrestricted	Restricted	Total	Total
	Funds	Funds	<b>2018</b>	2017
<b>Funds Reconciliation</b>				
Cash at Bank – start of period	8,137	-	<b>8,137</b>	4,879
Surplus/(Deficit) for the year	5,623	-	<b>5,623</b>	3,258
<b>Cash at Bank – end of period</b>	<b>13,760</b>	<b>-</b>	<b>13,760</b>	<b>8,137</b>
<b>Bank &amp; Cash Balances</b>				
Bank Deposit Account			<b>13,760</b>	8,137
Cash In hand			-	-
			<b>13,760</b>	<b>8,137</b>

All funds are unrestricted.

The notes form an integral part of these accounts.

Approved by the trustees and signed on their behalf by:

Pauline Waugh  
Chair  
20 November 2018

## Notes to the Accounts

### For the Year Ended 31 March 2018

#### 1. Basis of Accounting

These accounts have been prepared on the Receipts & Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

#### 2. Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the Group. Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

#### 3. Related Party Transactions

The Group's insurance policy includes Trustee Indemnity Insurance for all its trustees. No remuneration was paid to the trustees or to any connected persons during the year (2017: nil). Payments totaling £656 were paid to two trustees during the year to reimburse them for expenses they incurred relating to charitable activities (2017: £1,329).

#### 4. Grants Received

(£)	Unrestricted Funds	Restricted Funds	Total 2018	Total 2017
Edinburgh Council	-	-	-	11,231
Creative Scotland	-	10,965	10,965	-
National Lottery	10,000	-	10,000	-
The Corra Foundation	3,000	-	3,000	-
	13,000	10,965	23,965	11,231

#### 5. Cost of Charitable Activities

(£)	Unrestricted Funds	Restricted Funds	Total 2018	Total 2017
Training course for voice coaches	239	10,341	10,580	-
Provision of voice coach services	8,631	627	9,258	4,885
Venue Hire	3,016	70	3,086	1,275
Choir coordinator	581	550	1,131	759
Promotion & Marketing	1,090	-	1,090	219
Administrator	1,062	-	1,062	1,408
Sessional Musician	1,010	-	1,010	998
Other	1,034	-	1,034	890
	16,663	11,588	28,251	10,434

#### 6. Transfers between funds

£623 was transferred from the unrestricted fund to the restricted fund to meet the balance of expenses relating to the training of voice coaches not covered by the grant from Creative Scotland.